

WEIRD FOOD

The Romans were very fond of a seasoning called 'garum'.

This was basically a rotten fish sauce. It was made by layering fish blood and guts with salt, oregano and fennel. The mixture was left for seven days. Then it was stirred daily for a further twenty days, after which time it would have liquidised. I wonder what the smell was like!



There are many foods around the world that we would find difficult to eat, and perhaps others would think the same about ours. Black pudding, tripe and onions followed by deep-fried Christmas cake may not be everyone's idea of an appetising meal.

ACTIVITY

1. Go to www.weird-food.com and read about some strange foods and recipes.
2. Write a menu of weird food, writing a description under each dish. Your menu should include a section each for starters, main courses and desserts.
For example you might write, in the main course section, something like:

Fish Eye Soup

Fresh fish eyes, gently cooked with our special herbs and spices. Succulent and juicy, we suggest that you spit out the cornea.

3. Swop your menu with a friend. Read your friend's menu and imagine that you have eaten the foods. It was a very nasty! Write a letter of complaint to the restaurant, using formal language to show you mean business.
4. Write a note to a friend, describing the food you ate. For this you can use casual language or slang if you wish (no swear words though please!).