

Metric Units Information sheets

- Units of length
- Units of capacity
- Units of weight

County Training Shropshire

Margaret Lagoyianni, the contributor, says:

This can be used as a warm up for the Christmas Pudding activity at <http://www.skillsworkshop.org/gennum/tradpud.pdf> but obviously also for general revision and as an intro to any MSS units. It is adapted from Basic Skills Agency cards.

I have added clipart for benefit of visual learners. Sheets could be printed off back to back and laminated.

To obtain a copy of the original Word document please send teaching ideas or any adult basic skills resource that you would like to share to maggie@skillsworkshop.org

THANK YOU

Metric Units

Length or Distance

millimetre	mm	there are 10 millimetres in a centimetre
centimetre	cm	there are 100 centimetres in a metre
metre	m	there are 1000 metres in a kilometre
kilometre	km	

How long?

A Rice Krispie is about **5 mm** long



A VHS cassette box is **18.7cm** long



The average height of a woman in the UK is **1.6m**



It is **664.65 kilometres** from London to Edinburgh



Metric Units

Volume or Capacity

millilitre	ml	there are 1000 millilitres in a litre
litre	l	there are 1000 litres in a kilolitre (normally known as a cubic metre or m ³)
kilolitre	kl	

How much?

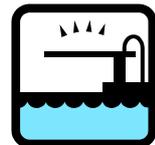
A can of soft drink contains **330ml**



A saloon car petrol tank contains **60 litres**



An Olympic size pool holds **1,400m³** of water.



Metric Units

Weight or Mass

milligram	mg	there are 1000 milligrams in a gram
gram	g	there are 1000 grams in a kilogram
kilogram	kg	there are 1000 kilograms in a tonne
tonne		

How heavy?

A Rice Krispie weighs **20mg**



A bag of crisps weighs **30g**



An average man in the UK weighs **73.6kg**



An average saloon car weighs about **1 metric tonne**

