

# A Celebration of British Fruit (part 2)

## British Strawberries

Name \_\_\_\_\_ Date \_\_\_\_\_

### British strawberries – delicious, sweet and versatile



**Strawberry Season in the UK:** The growing season in the UK is usually June to August. Thanks to modern growing methods the fruit may be grown and available all year round.

**Description:** British strawberries are small to medium size, usually heart shaped and a bright red colour with yellow seeds.

**Varieties:** The UK grows a wide range of strawberry varieties, each with its own unique flavour and texture. Popular varieties include 'Elsanta', 'Malling Centenary', and 'Honeoye'. These varieties are bred specifically for the British climate and consumer preferences.

**Taste:** Some are naturally sweet, but others are a little tangy. The cool British climate and long summer days allow the strawberries to ripen slowly, enhancing their natural sweetness.

Many people in the UK grow their own strawberries in a range of pots and places. Others are available in the local supermarkets.

British strawberries are incredibly fresh, often reaching consumers within 24 hours of being picked.

### Interesting facts

Strawberries are not true berries. Even though we call them berries, strawberries are not real berries because their seeds are on the outside, not inside. They are classified as an "aggregate fruit."

Strawberries are very healthy. They are full of Vitamin C, which is good for your immune system and skin.

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### Grow your own

There are a lot of different ways to grow your own. Many shops now sell 'Grow your own kits' with everything you need. You can grow them indoors or outside, even if you only have a small space.



<https://strawberryplants.org/how-to-grow-a-bumper-crop-of-strawberries-in-a-small-space/>

### How to use strawberries:

The best way to enjoy strawberries is fresh from the bush (but wash them first). In shops they are usually packed in punnets.

Use them with breakfast cereal, mixed fruit salads or on their own with a bit of sugar if they are tart.

You can make delicious drinks, smoothies or blend them with other fruits. You can also serve them as Strawberry Fool, with pancakes and many more delightful treats.

I'm sure most people will have seen and tasted wonderfully tasting strawberry preserve (jam). Great on toast or even better with a scone and fresh cream!

### Discussion point – how do **you** eat your strawberries?

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### Reading questions

1. Strawberries are not true berries. True      False

2. What is the usual growing season for strawberries?

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3. Where can you grow them?

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4. List three things you can make from strawberries.

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5. How are they usually packed and sold in supermarkets?

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6. List the names of three types of strawberry.

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7. Explain three ways to use strawberries. Write in full sentences.

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### Wider skills – spelling, punctuation and grammar.

1. Add the missing capital letters.

british strawberries are small to medium size, usually heart shaped and a bright red colour with yellow seeds.

popular varieties include 'elsanta', 'malling Centenary', and 'honeoye'.

2. What does the word in bold mean? \_\_\_\_\_

others are a little **tangy**.

3. a. Look at the spellings: one is plural, one is singular.

Write P next to the plural word:

Strawberries

Strawberry

b. Do you know the spelling rule? \_\_\_\_\_

4. **Can you spot the three mistakes?** (Discuss with group or tutor)

The best way to enjoy strawberry are fresh from the bush (but wash them first). In shops they are usually packed in punnets. Use them with breakfast cereal, mixed fruit salads or on own with a bit of sugar if they are tart.

5. What is wrong with this sentence? There are three errors.

A growing season in the UK is usually June to August. Thanks to modern growing methods the fruit may be grow and available all year rownd.

6. Replace the word '**consumer**' with a different word that has a similar meaning.  
(synonym) \_\_\_\_\_

### Speaking and listening

Tell the group about your favourite fruit.

Explain:

- What it is
- Why you like it
- Where it grows
- How you eat it