Essential Digital Skills Checklist



Name	Date	

Complete the checklist honestly so that your teacher can offer support.

I do not know how to do this.
I know a little bit about this, but my confidence is low.
I can do this confidently.
I can confidently show someone else how to do this.

	Skill		
	I can		
	create a folder on the computer.		
ис	create a sub-folder on the computer.		
atio	download a file from the internet.		
orm	rename a file.		
Inf	explain, and name examples of, hardware.		
ling	explain, and name examples of, software.		
puc	explain, and name examples of, operating systems.		
d h	explain, and name examples of, applications.		
s an	explain accessibility and how we can make websites		
ices	accessible.		
lev	download an app to your phone confidently.		
ng c	use a search engine to find a specific answer.		
Usi	explain, and name examples of, applications.		
Unit 1: Using devices and handling Information	explain, and name examples of, how data is stored internally		
	on a computer.		
7	explain, and name examples of, how data is stored externally		
	for a computer.		
	take a screenshot, save it, and rename it.		

Useful sources:

https://www.gov.uk/government/publications/national-standards-for-essential-digital-skills https://www.gov.uk/government/publications/essential-digital-skills-framework

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	Skill		
	I can		
	define formatting.		
	use the underline tool in Microsoft software.		
	use the bold tool in Microsoft software.		
g	use the italics tool in Microsoft software.		
Unit 2: Creating and editing	use the bullet point tool in Microsoft software.		
р ес	use the indent tool in Microsoft software.		
an	use the font type tool in Microsoft software.		
ting	use the font size tool in Microsoft software.		
rea	use the alignment tool in Microsoft software.		
2: C	use the font colour changing tool in Microsoft software.		
nit .	use the insert image tool in Microsoft software.		
כ	resize an image in Microsoft software.		
	use the highlight tool in Microsoft software.		
	use the numbered list tool in Microsoft software.		
	use the insert a shape tool in Microsoft software.		
	make formatting changes to a pre-populated document.		

	Skill		
	I can		
	use video calling software such as facetime/video chat via Messenger or Whatsapp.		
	use instant messaging platforms such as Whatsapp, Messenger or Snapchat.		
6	send an image, video or GIF to a friend or family member.		
Unit 3: Communicating	copy and paste a link from the internet and send them in messages/emails.		
nur	communicate with friends and family via email.		
omi	communicate with a teacher via email.		
3: C	join a Zoom call via a link and use all the functions available.		
Unit	start a Zoom call and send the link out, and use all of the functions available.		
	use teams to communicate with friends, family, or colleagues /teacher.		
	explain what BCC stands for.		
	explain what CC stands for.		
	write a clear subject line for my own email.		

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	Skill		
	I can		
	define a digital footprint.		
ing	explain which online activities contribute to our digital		
act	footprints.		
ans	identify what makes a 'strong' password.		
: 12	set my own strong password.		
Unit 4: Transacting	explain why we use CAPTCHA software.		
un .	label the features of an example debit/credit card.		
	complete an online form using the information given on the example debit/credit card.		

	Skill		
	I can		
	explain how information is shared online – what are the risks?		
	change my privacy settings on social media.		
o)	explain what a 'cookie' is and how they're used.		
Jin	explain how to delete cookies from a browser.		
e 01	explain the term 'SPAM'.		
Unit 5: Being safe and responsible online	explain what health and safety issues can arise from using a		
pon	computer for long periods of time.		
res	identify three possible solutions for health and safety issues		
ρι	that come from using a computer for long periods. What		
ä	adjustments could we make?		
afe	define the term 'antivirus'.		
ng s	define the term 'virus'.		
Bei	define the term 'firewall'.		
t 5:	define the term 'public Wi-Fi' and explain the associated risks.		
Uni	define the term 'phishing scam'.		
	define the term 'hacking'.		
	identify and explain eight potential online harms.		
	explain how we can stay safe when shopping online and the danger signs we should look for.		