

# A Food Journey

Name \_\_\_\_\_ Date \_\_\_\_\_



## A Food Journey

My favourite times of day

Are breakfast, lunch and tea

Bread, potatoes, soup, cake

Bring them all to me!

There's milk from cows for yoghurts and cheese

Eggs from hens, honey from bees

Some are organic with no pesticides

Or maybe free range, living outside

There's tomatoes from Italy, oranges from Spain

Grapes that have travelled on an aeroplane

Bananas transported here by sea

Apples and pears from this country

But nothing ever tastes as good

As local fruit and veg

Food grown in your garden

Or on a window ledge

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## Ideas for discussion

- **What is the meaning of the following vocabulary/phrases?**

Organic

Pesticides

Free range

Transported

Veg

Window ledge

- **What is your favourite meal/food?**
- **What do you call your midday meal and evening meal?**  
(Lunch/dinner/supper)
- **Do you buy organic foods?**
- **Do you think we should import food by air?**
- **Do you buy any food from local shops?**
- **Do you grow any food yourself?**  
(On a window ledge / garden / allotment)