

# Tomato & Mushroom Omelette

## Reading and spelling with syllables

### Ingredients

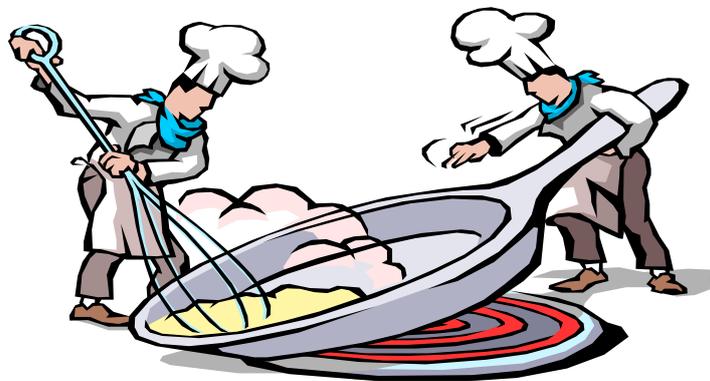
2 – 3 eggs per portion

50g (2oz) mushrooms per portion

One tomato per portion

25g (1oz) onion per portion

Butter for cooking



1. Wash and slice the mushrooms, tomatoes and onions.
2. Cook mushrooms and onions in a frying-pan in a little butter.
3. Add sliced tomatoes and cook for a minute.
4. Add the eggs and cook quickly, move quickly with a fork until set.
5. Fold the mixture in half and serve.

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## Reading and spelling with syllables

It is often useful to break words down into syllables.



A syllable is a small part of a word. The number of beats in a word is the same as the number of syllables.

For example: **ingredients** has **4 beats** or syllables

**in / gre / di / ents**

**1 2 3 4**



Count the number of syllables in the words below.

The first one is done for you.

butter

but ter

2 syllables

mushroom

\_\_\_\_\_

\_\_\_\_\_

omelette

\_\_\_\_\_

\_\_\_\_\_

onion

\_\_\_\_\_

\_\_\_\_\_

sliced

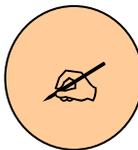
\_\_\_\_\_

\_\_\_\_\_

tomato

\_\_\_\_\_

\_\_\_\_\_



The syllables of these words are mixed up.

Can you join them together again? One is done for you.

lre  
mush  
quick  
por  
cook

room  
ing  
land  
ly  
tion